

Sample results. Actual results may vary.

PATIENT INFORMATION

REPORT STATUS: FINAL

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CLIENT INFORMATION



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SPECIMEN INFORMATION

SPECIMEN:

DOB:

REQUISITION:

AGE:

LAB REF NO:

GENDER:

FASTING:

COLLECTED:

Clinical Info:

RECEIVED:

REPORTED:

Test Name	Result	Flag	Reference Range	Lab
OMEGA 3 AND 6 FATTY ACIDS, PLASMA				
OMEGA 3 (EPA+DHA) INDEX	4.8		0.5-6.4 %	03
The Omega-3 Index categories are based on the top (75th percentile) and bottom (25th percentile) quartiles of the reference population. Consumption of foods high in Omega-3 fatty acids (EPA and DHA) or supplements containing Omega-3 fatty acids can increase the Omega-3 Index.				
RISK	LOW			03
The Omega-3 Index is associated with a low risk of cardiovascular disease because it is in the top population quartile. The Omega-3 Index categories are based on the top (75th percentile) and bottom (25th percentile) quartiles of the reference population. Consumption of foods high in omega-3 fatty acids (EPA and DHA) or supplements containing omega-3 fatty acids can increase the Omega-3 Index.				
Index <1.1: High Index 1.1-3.3: Moderate Index >3.3: Low				
OMEGA 6/OMEGA 3 RATIO	3.9		1.3-12.0	03
ARACHIDONIC ACID/EPA RATIO	0.7		0.2-7.0	03
ARACHIDONIC ACID	0.3		0.3-2.3 %	03
EPA	0.4		<2.3 %	03
DHA	4.3	HIGH	0.4-3.0 %	03