

Sample results. Actual results may vary.

PATIENT INFORMATION

REPORT STATUS: FINAL

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CLIENT INFORMATION



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SPECIMEN INFORMATION

SPECIMEN:

REQUISITION:

LAB REF NO:

DOB:

AGE:

GENDER:

FASTING:

Clinical Info:

COLLECTED:

RECEIVED:

REPORTED:

Test Name	Result	Flag	Reference Range	Lab
FASTING INSULIN, LC/MS/MS				
INSULIN, LC/MS/MS	11.0		<13.7 uIU/mL	EZ
<p>Fasting insulin levels greater than or equal to 7.6 microIU/mL are at or above the 75th percentile of the reference population. Insulin levels above the 75th percentile are associated with a higher risk of insulin resistance, diabetes and coronary heart disease. The reference range is based on the 95th percentile (observed) of a reference population of unmedicated adults in the fasting state with a glucose of <100 mg/dL. Insulin levels vary widely in specimens taken from non-fasting individuals. Interpret results accordingly. References: 1. Lorenzo et al. The metabolic syndrome as predictor of type 2 diabetes: the San Antonio heart study. Diabetes Care. 2003;26:3153 2. Zaveroni et al. Hyperinsulinemia in a normal population as a predictor of non-insulin-dependent diabetes mellitus, hypertension, and coronary heart disease: the Barilla factory revisited. Metabolism. 1999;48:989-94</p>				

Performing Laboratory Information: